

Young Persons Gym Code of Conduct

We want to ensure that all young people have a good experience using the gym at Active Blackpool. These basic guidelines are in place to ensure that the Gym remains a safe and welcoming environment for all members.

Young people who fail to follow these guidelines risk losing the right to access the Gym and parents/guardians may be contacted if any behaviour of the young person whilst using the Gym is considered a serious disruption or safety issue.

- All young people must have a Gym Induction with an Active Blackpool instructor before using the Gym.
- 11-13 year olds are only permitted to attend Supervised Gym Sessions which are available to pre-book at reception and through the app and website.
- All young people must 'check' in at reception or using the self service kiosk on each visit before going to the Gym.
- Any coats and bags must be put in lockers either in the changing rooms or outside the Gym and must not take them onto to Gym floor.
- Safe and appropriate sportswear and footwear must be worn at all times. Open toed footwear is not allowed to be worn in the Gym.
- All equipment should be treated with care and the cleaning products provided should be used to wipe off any sweat after use.
- Young people should not attempt to lift weights outside of their ability level, if in doubt, they should speak to a Gym instructor for advice.
- If any equipment faults are found during a visit to the Gym, they should be reported immediately to a member of Active Blackpool Staff.
- All rubbish such as empty drink bottles should be disposed of in the bins provided.
- Active Blackpool expects that all staff and members should be treated with respect and have a zero tolerance policy to foul, abusive and discriminatory language being used in the centres.

Parent/Guardian Agreement and Consent

By signing this form, I am confirming that I give parental consent for the young person named below to attend the gym at Active Blackpool's Centres. I am also confirming that I have read and understand code of conduct outlined above and that the Leisure Centre Management reserve the right to deny access at any time if it is not adhered to.

Name Phone Number
Signature Date:

Young Persons Agreement

By signing this form, I am confirming that I have read and understood the code of conduct outlined above and agree to follow it. I am confirming that I understand this Code of Conduct is in place to ensure my, and other members safety and enjoyment whilst using the gym. I understand that if I do not follow it the Leisure Centre Management have the right to ask me to leave and may contact my parent/guardian.

Name Phone Number
Signature Date: