Active Communities

Winter Timetable



Sessions @ Blackpool Sports Centre

Inclusive Multi Sports | Monday | 12.30-14.30
Wellbeing Drop In | Tuesday | 10.00-13.00
Box Fit @ Brian Rose Boxing & Fitness | Tuesday | 11.30-12.30
Gardening Wellbeing Group | Thursday | 10.00-12.00
Badminton and Table Tennis | Friday | 12.30-14.00

Sessions @ Claremont Park Community Centre

Chat and Play Family Session | Tuesday | 14.30-15.30
Claremont Gentle Exercise Group | Wednesday | 14.30-15.30



Sessions @ Layton Methodist Church

Layton Living Well in Blackpool Drop In| Monday | 9.00-12.00
Layton Chair Based Activities | Monday | 13.00-14.00
Layton Living Strong Class | Friday | 10.30-11.15

Sessions @ Moor Park Leisure Centre

Swim Together Mental Health Swim | Thursday | 13.00-15.00

Sessions @ Palatine Leisure Centre

Walking Rugby with Fylde Rugby Foundation | Wednesday | 17.30-18.30

Sessions @ Sevenoaks Community Centre

Sevenoaks Social and Activity | Monday | 10.00-11.00

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